

BITE

The latest fun
foodie finds **club**



MAKE IT LAST

If you're keen to reduce food waste (check out page 84 to find out why you should be), you'll like FreshPaper, a compostable sheet that helps to extend the life of fruit, veggies and bread. From \$9.95, freshpaper.com.au



Hungry like a wolf

If that describes you after a workout, refuel with protein. Add a scoop of White Wolf Nutrition's Vegan All-In-One Pea Protein in Creamy Vanilla to a banana smoothie for a delish way to tame that tummy growl. \$39.99, whitewolfnutrition.com

Go nuts!

Love nut milk, but not so nuts about the strain on your wallet? Enter Ulu Hye Nut Mylk Base, an organic, multi-nut paste that can be blended with water to make fresh nut milk (10 litres of it!) whenever you want it. Sold! \$29.95, uluhye.com.au



Love is served

We adore anything funny lady Ellen does, including these sweet side plates. Ellen DeGeneres for Royal Doulton Blue Love set of four plates, \$49.95, minimax.com.au



TAKE A SIP

Need more incentive to hydrate? Try these flavoured drinks



Fruity beauty
Fi Water in Pear & Vanilla flavour, \$3.95, drinkfiwater.com



Electrolyte elixir
Bee Hydrated Honey Water in Replenish, \$4.99, beehydrated.com.au



Probiotic boost
rok Kombucha in Passionfruit Rap, \$4.99, rokkombucha.com.au